Dr. Edward Hooker Dewey (c. 1837-1904) was born in Wayland, Pennsylvania. In 1877 Dr. Dewey witnessed the first case that fasted to recovery, the stomach rejecting all food, and which set him to thinking about and finally employing fasting. It is quite common to see Dr. Dewey referred to as the "Father of the Fasting Cure. " Dr. Dewey successfully employed fasting in diabetes as far back as 1878. His works include: The True Science of Living; or, The New Gospel of Health (1895), A New Era for Women (1896), Chronic Alcoholism (1899) and The No-Breakfast Plan and the Fasting-Cure (1900).
enormous influence on your health and well-being, but eating the right amount of the right things - and not too much of the wrong things - isn't easy. But, as in most walks of life, knowledge is power. This book will empower you to eat healthily, lose weight, and sort the fads from the science facts. This is the New Scientist take on a "New Year, New You" book: an eye-opening and myth-busting guide to everything from sugar to superfoods, from fasting to eating like a caveman and from veganism to your gut microbiome. Forget faddy diet books or gimmicky exercise programs, this is what is scientifically proven to make you live longer and to be healthier and happier.

The Kabbala: Or, The True Science of Light - Seth Pancoast - 1883

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The Science of Correct Thinking - Fr. Celestine N. Bittle - 2018-02-27
First published in 1935, the author of this book has attempted to treat the most fundamental department of philosophy—logic—by combining the advantages of both textbooks and monographs, and by avoiding undue complication and technicality. Through the use of simple language and numerous illustrations, Fr. Bittle endeavoured to render the subject understandable, and as such this book is intended as a textbook or as supplementary reading in classwork, or as an introduction to philosophy for the general reader. “Philosophy cannot be made easy, but it certainly can be made less difficult. At the same time, the technical side of logic has not been omitted, but has been built up in gradual stages, so that the mind of the student can grow with the subject.”—Fr. Celestine N. Bittle

Vaastu: The Art And Science Of Living - Ashwini Kumar - 2005-11-01
Vaastu Shaastra is the art and science of living a happy and contented long life. In the modern-day world of high-speed technology, many diseases are arising out of faulty lifestyles. Classical principles of Vaastu Shaastra describe the ancient way of living which need modifications in the present-day context. This book is an intelligent amalgamation of the ancient practice of Vaastu living and modern technologies of house building and architecture. It offers an introduction to Vaastu Shaastra, systematising and standardising its techniques and methodologies. The book has been divided into three sections. The first section has been devoted to the understanding of the key concepts, principles and forces of Vaastu that exert an influence on any given space. The second section of the book reveals how to create heaven on earth; right in your home. It shows how we can achieve internal peace by first achieving external peace in the house. The third section is related to the day-to-day use of Vaastu. One chapter has been devoted to Vaastu of workplace which, in many aspects, is different from residential Vaastu. This book has been written according to the established principles of Vedic Astrology; an inevitable part of Vaastu Shaastra. The effect of the nine planets is considered in Astrology while mainly the effect of planet earth is taken in Vaastu. Astrology depends on dashas (Planetary Periods) while Vaastu depends on dishas (Directions), Jyotish assumes the existence of Kaal Purush (Time Personified) while Vaastu assumes the existence of Vaastu Purush (Space Personified). The book incorporates current knowledge of building science to explain the ancient wisdom of Vaastu Shaastra only to bridge the gap between ancient traditions and modern way of thinking. No attempt has been made to transgress into the other parallel systems known as Feng Shui and Pyramidology, which require totally separate study. The work is meant primarily for those who want to learn Vaastu
totally separate study. The work is meant in a scientific manner. The book will also serve as a stepping-stone for those who intend to indulge in hitherto unexplored areas of Vaastu Shaastra like suitability of certain directions for certain activities, hidden meanings of Vaastu Purush; forty-five demi gods; ten dikpalas; three energies and Panchmahabhootas, predicting the fate of a house and its inhabitants through Vaastu kala, etc.

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**The Science of Living**
William Samuel Sadler - 1910

**The Phrenological Journal and Science of Health** - - 1909

**Perfect Health**
Charles C. Haskell - Perfect Health, How to Get it and How to Keep it by One Who Has it. Chapters include; How Perfect Health came to me; Results; The Science of Perfect Health, The Body; The Science of Perfect Health, The Mind or Soul; Thinking; and, Conclusion.

**Prefect Health**
Charles C. Haskell - 1996-09 1902 How to get it and how to keep it, by one who has it, true scientific living. Contents: How Perfect Health Came to Me; Results; the Science of Perfect Health - The Body; the Science of
raise false problems and trivial questions. Similarly, we need to see spite not as a moral vice, but as a poison that blurs and distorts our critical faculties. Finally, superstition is best described not as a set of false beliefs, but as a system that neutralizes one’s ability to think for oneself. For de Beistegui, thinking is intrinsically democratic and a necessary condition for the exercise of freedom. Thought under Threat shows how a training of thought itself can be used to ward off those vices, lead to productive deliberation, and, ultimately, create a thinking community.

Thought under Threat - Miguel de Beistegui - 2022-01-18

Thought under Threat reveals and combats the forces diminishing the power and role of critical thinking, whether in our individual lives or collectively. Thought under Threat is an attempt to understand the tendencies that threaten thinking from within. These tendencies have always existed. But today they are on the rise and frequently encouraged, even in our democracies. People “disagree” with science and distrust experts. Political leaders appeal to the hearts and guts of “the people,” rather than their critical faculties. Stupidity has become a right, if not a badge of honor; superstition is on the rise; and spite is a major political force. Thinking is considered “elitist.” To see those obstacles as vices of thought, Miguel de Beistegui argues, we need to understand stupidity not as a lack of intelligence or judgment, but as the tendency to raise false problems and trivial questions.

Similarly, we need to see spite not as a moral vice, but as a poison that blurs and distorts our critical faculties. Finally, superstition is best described not as a set of false beliefs, but as a system that neutralizes one’s ability to think for oneself. For de Beistegui, thinking is intrinsically democratic and a necessary condition for the exercise of freedom. Thought under Threat shows how a training of thought itself can be used to ward off those vices, lead to productive deliberation, and, ultimately, create a thinking community.
all delivered in Dr. Stu's trademark style; This Is A New Release Of The Original 1921 Edition.

Science, Truth, Religion and Ethics as Foundations of a Rational Philosophy of Life
- Harry Mann Gordin - 1924

Everyone wants to be rich, but do you know that there is a SCIENCE OF GETTING RICH. This book explains in simple steps how you can first ready yourself to earn more, without hassles or worries. From the simplest question of who all can actually get rich, to the small steps taken - like developing a will power, showing gratitude, getting into the right business - have been explained in detail, in everyday terms. Read on, and find out the secret behind changing your life and the way your earn.

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Live Your Best Life - Stuart Farrimond - 2020-12-01
Explore the science behind your daily living habits and make your day healthier, happier, and more productive. Many of the activities we take for granted are in fact contrary to a healthy lifestyle. In this groundbreaking ebook, long-held beliefs are exploded by new science: drinking eight glasses a day is too much; breakfast isn't the most important meal of the day; smartphones are not making us all depressed. Bringing to bear the latest research in psychology, nutrition, biology, and physics, Dr. Stuart Farrimond unearths the facts behind the fads, and provides take-away advice on every area of our lives - and all delivered in Dr. Stu's trademark style; approachable, authoritative, and above all, entertaining. Live Your Best Life debunks pseudo-science and delivers only the facts. One day - one body - over 200 examples of science in action.

The Cumulative Book Index - - 1907
The Monthly Cumulative Book Index - - 1907
A Science of Consciousness - Shiva C. A. D. Shankaran - 2016-11-30
What is Consciousness? What is the Holy Spirit? What if the ancient word St. Paul used for Spirit, so long ago, Pneuma, were to be interpreted as equivalent to Consciousness as we are striving to understand it today? What would be the effects and implications of this upon our understanding of our-selves, our world and the greater creation? A Science of Consciousness begins with the author asking the reader to accept as true for a moment a few basic, though perhaps un-thought-of premises, and on that basis to go upon an imaginary journey into a new world of implications, possibilities, and powers of human creativity. The author feels strongly that this work comes at a time in human experience when this insight is essential for our collective survival.
leprechauns; the awesome cases where a exciting times. We need only to adjust our focus, relax our eyes so to say, and be willing to see within our-selves a point of connection with our Maker. It is not necessary to believe in God, only to accept that you have Consciousness and be willing to explore whatever that may be.

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**Revelation** - Brad Steiger - 2006

Revelation: The Divine Fire A Biblical prediction says that "In the latter days, your sons and daughters shall prophesy." Brad Steiger has communicated with literally hundreds of individuals who claim to have received messages directly from God -- or from spacemen, angels, spirit guides, or other superhuman entities. It would be easy to dismiss these latter-day prophets as deluded, but amazingly, their revelations all have an internal consistency, a common theme: a time of judgment is at hand, humanity must change its ways to avert disaster. Moreover, contemporary housewives, business executives, and "Jesus people" are experiencing the same symptoms of revelation - a blinding light, a voice out of nowhere, an impulse to take on a new name and a new life. On the track of the elusive source of these messages, Steiger examines the spread of glossolalia and faith-healing; the folklore of elves and revelator's body is briefly occupied by an outside personality; the mysterious "Elijah" tradition of the Bible that suggests that the great prophets (perhaps even Jesus) were possessed by a single entity; and the latest laboratory research into consciousness expansion. Revelation: The Divine Fire presents actual warnings, predictions, and messages from a wide spectrum of contemporary revelators. In addition, there are interviews and evaluations from a number of clergymen, scientists, and psychics who have met the Divine Fire. "Steiger's 'divine fire' is something . . . which, from the: beginning of recorded history down to the present, has communicated a revelation to man. [Steiger] is properly objective in his evaluation of the significance of such phenomena, setting forth the opinions of various scientific - or at least thoughtful - observers on the subject and, where necessary, synthesizing such opinions." Kirkus Reviews "In the tradition of William James' Varieties of Religious Experiences we have an important collection of valuable data that should be read and considered by any one interested in the pursuit of man, his meaning, and destiny. For me this book was an exciting adventure." Paul Severson, Fate magazine "Steiger enormously expands the definition of revelation. . . . What emerges is an engrossing compilation of esoteric events reported by those experiencing them." Library Journal "Brad Steiger has written a shelf-full of books on psychic phenomena. Many people throughout the country first developed an interest in extrasensory perception through the work of this prolific author." Martin Ebon, OCCULT magazine Author Bio - Brad Steiger is a world renowned author of over 150 books with over 17 million copies in print. His titles include; "Mysteries of Time and Space", "Real Ghosts", "Restless Spirits and Haunted Places", "Conspiracies and Secret Societies: The Complete Dossier", "Touched by Heaven's Light", "American Indian Medicine Power", "Strangers from the Skies", "Project Bluebook", "The Rainbow Conspiracy", "UFO Odyssey" and many more. Steiger first began publishing articles on the unexplained in 1956; since then he has written more than 2,000 paranormal themed articles. From 1970-73, his weekly newspaper column, "The Strange World of Brad Steiger", was carried domestically in over 80 newspapers and overseas from Bombay to Tokyo. He was born in Fort Dodge, Iowa, on February 19, 1936.
the subject and, where necessary, synthesizing and co-author of over 22 books. They have two sons, three daughters, and eight grandchildren. Reality Press and Steiger Werks are pleased to announce the re-release of "Revelation - The Divine Fire", which is a compelling investigation into people who claim to be in spiritual communication with a higher intelligence. "Revelation" is a true Steiger classic that is as relevant and fresh today as it was when it was first published. For more info go to www.bradandsherry.com or www.reality-entertainment.com/books.htm

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Vitality, Fasting and Nutrition - Hereward Carrington - 1963-06
Contents: The Nature of Disease; The Physiology and Philosophy of Fasting; Vitality, Sleep, Death, Bodily Heat; Hygienic Auxiliaries Available
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Contents: The Nature of Disease; The Physiology and Philosophy of Fasting; Vitality, Sleep, Death, Bodily Heat; Hygienic Auxiliaries Available During a Fast; Studies of Patients During their Fasts. Copyright © Libri GmbH. All rights reserved.

**University at the Threshold** - Nigel Hoffmann - 2020-10-26
‘Concern for the world today provides the impetus to ask of ourselves a profound question... how can our way of knowing, the very style of our thinking which informs our research and our teaching, come to express care, to reveal itself to be a deed and duty of care?’ Basing this practical study on the human quality of care for the world around us, Nigel Hoffmann takes us to a threshold beyond which lies a true science of living form. Care, he says, springs from the whole human being - the thinking, heart and will - and is implicit in the scientific method of conscious inner participation in nature that derives from the work of the poet and scientist Goethe. The Goethean approach - a living form that unites science and art - is not an alternative to contemporary science but complements it. Artistic practice, says Hoffmann, is a guide across the threshold and into the sphere of the living whole. But artistic sensibility can be raised to a higher possibility of itself, allowing us to discover the faculties of cognitive feeling and cognitive will. The author calls for a grounding in Goethean science for all students as a preliminary to their specialist and professional studies. He introduces us to the concept of the metamorphosis of the university - from the doctoral ideal to the ideal of the whole human being - and concludes with a case study of the economic sphere and capital using Goethean methodology. This profound book indicates a transformative path for human culture and civilization in the 21st century.

**Consciousness V Catastrophe** - Gillian Ross - 2016-06-25
"The significant problems we face cannot be solved at the same level of thinking we were at when we created them." Albert Einstein. The current crises besetting humanity call for a revolution in consciousness and a mystical renaissance that will bring about a whole new story of what it means to be human. To this end, Consciousness v Catastrophe introduces the reader to the new philosophy of Evolutionary Spirituality. It is a philosophy that is engaging visionary scientists, philosophers and spiritual thinkers across the planet. They are forging a new understanding of evolution that honours science, reframes culture and radically updates spirituality. Evolutionary Spirituality celebrates the realization that the creative energy, that has driven the evolution of the universe for billions of years, is now becoming conscious of itself through us. It sees consciousness, not matter, as centre stage in the mystery that is evolution and reconnects us to the sacred dimension of existence. Above all, it helps to liberate us from itself to be a deed and duty of care?"
seeing human consciousness as the emerging driving force of evolution replacing natural selection. The second half explores the new story of Evolutionary Spirituality, including its compatibility with contemporary scientific knowledge and the possibilities for consciousness that can be gleaned from the spiritual wisdom of mystics from all times and traditions. With the help of profound quotations and website references, the book aims to inspire the reader to explore the teachings of many of the most prominent evolutionaries who, in their writings and in online conversations and courses, are promoting the consciousness revolution across the planet.

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What is truth. Paul Horwich advocates the controversial theory of minimalism, that is that the nature of truth is entirely captured in the trivial fact that each proposition specifies its own condition for being true, and that truth is therefore an entirely mundane and unpuzzling concept. The first edition of Truth, published in 1980, established itself as the best account of minimalism and as an excellent introduction to the debate for students. For this new edition, Horwich has refined and developed his treatment of the subject in the light of subsequent discussions, while preserving the distinctive format that made the earlier edition so successful.

The Science of Water - Frank R. Spellman - 2007-09-07
Water, water everywhere - with this in mind, the perennial question in water works remains: can the earth's finite supply of water resources be increased to meet the constantly growing demand? Hailed on its first publication as a masterful account of the state of water science, this second edition of the bestselling The Science of Water: Concepts and Applications puts the spotlight on the critical importance of water's role in future sustainability. Clearly written and user-friendly, this timely revision builds on the remarkable success of the first edition by updating, reorganizing, and revising the original to include the latest information and research results. The common thread woven through the fabric of this presentation is water resource utilization and its protection. It covers topics such as water sources, water hydraulics, chemistry, biology/microbiology, ecology, water quality, pollution, biomonitoring, sampling, testing, reuse, and treatment. The author examines the impact of human use, misuse, and reuse of freshwater and wastewater on the overall water supply. Authoritative, informative, and up-to-date, the book blends real-world experience with theoretical models. This work provides the valuable insight all water/wastewater practitioners need and includes important information for policymakers and anyone else tasked with making decisions concerning water resource utilization.
"Psyche's Yearning" intertwines contemporary perspectives on the challenges of spiritual evolution in our time. Author Gillian Ross passionately espouses the need for a new understanding of what it means to be human. Besieged by the messages of consumerism, disillusioned with traditional religion, and faced with the possibility of planetary disaster, our souls are more than ever yearning for purpose and a sense of wholeness and holiness in a fragmented secular world. "Psyche's Yearning" addresses that crisis of meaning. It offers guidance and inspiration on ways of transcending the pain and limitations of our ego-driven, alienated selves and embracing our wider and deeper identities as unique expressions of a universal Eros, or life force. Humankind is being called to bring forth a new level of consciousness, and the next great hero in that adventure needs to be the mystic. Mystical experiences are no longer the prerogative of the saint or the shaman but the birthright of us all. It is a birthright that must be claimed if we are to find the collective will to serve the community of Earth and its myriad life forms with wisdom, compassion and joy.

**Light** - 1890

**Light** - 1890